

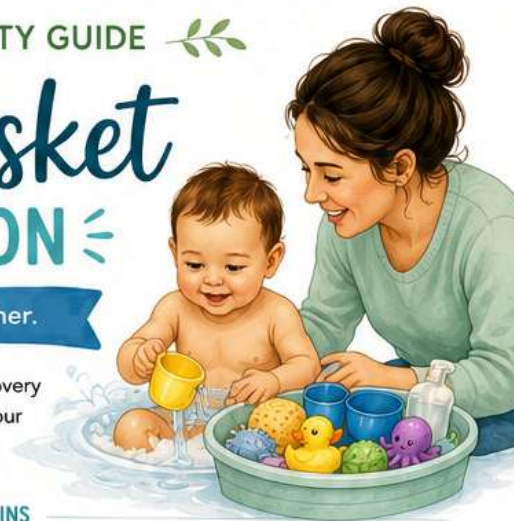


Bath Basket

EXPLORATION

Splash. Explore. Learn Together.

Bath time is the perfect opportunity for discovery and connection. Everyday bath items help your child build skills while you build memories.



RECOMMENDED AGE:

12–18 Months

(Adapt to your child's developmental level.)

DEVELOPMENTAL DOMAINS



Cognitive Development



Communication & Language



Social-Emotional Development



Fine Motor Development



Sensory Learning

GATHER THESE ITEMS

Choose 5–8 safe bath items that are too large to swallow.

☐ Measuring cups



☐ Small bowl



☐ Bath sponge



☐ Washcloth



☐ Bath toy



☐ Silicone cup



☐ Empty shampoo bottle (with cap closed)



☐ Scoop or ladle



☐ Floating toy



☐ Basket or container



♥ Rotate items weekly to keep the basket interesting!

LET'S EXPLORE TOGETHER

1 Sit together.

Make bath time a time to connect. Get close so your child can see your face.



2 Let your child choose.

Place the basket within reach and let them pick the first item.



3 Pause.

Watch what happens. Give your child time to explore and think.



4 Describe what they notice.

Talk about the item and what your child is doing.



5 Celebrate every attempt.

Smile, respond, and enjoy every look, sound, and gesture.



TRY SAYING...

Use simple words to describe what your child is doing.

- ♥ "You're filling the cup!"
- ♥ "Look! The water pours out!"
- ♥ "You found the sponge!"
- ♥ "That feels soft!"
- ♥ "You're splashing!"
- ♥ "You're making bubbles!"
- ♥ "You gave it to me!"



WHAT DID YOU NOTICE?

Take a moment to reflect on your child's exploration.



My child seemed most interested in: _____



They smiled when: _____



Today I noticed: _____



They tried to communicate by: _____



We were most connected when: _____

TODAY'S PARENT TIP



Water play teaches so many things! Slow down and enjoy the little discoveries together.



GROWING SKILLS

Your child is building so many important skills!



Thinking & Problem Solving
Exploring cause and effect and figuring things out



Communication
Sharing ideas, using words, sounds, and gestures



Relationships
Building connection and learning trust



Fine Motor Skills
Grasping, pouring, scooping, and splashing



Sensory Learning
Noticing textures, temperatures, shapes, and movement

WE'LL TRY AGAIN THIS WEEK



Foam Party



Color Bath



Floating Toy Fun



Sponge Play



Cup Challenge



Bath Music Time

Family Reflection



What surprised me today? _____



My child enjoyed... _____



Next time I'd like to... _____

REMEMBER



The greatest gift you can give your child is your time, your attention, and your joyful presence.